



50 years and beyond
group competency for
a world in conflict

IAGP TRENDS IN GROUP PSYCHOTHERAPY AND GROUP PROCESSES PROJECT RESULTS

IAGP Young Professionals' Section
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AWARDS RECIPIENTS:

NATASHIA FUKSMAN
VERA LARDI
AROLDO DE LARA CARDOSO JÚNIOR



DISCURSIVE VOIDS THAT MATTER: SEXUAL FLUIDITY, SEXUALIZED IDENTITIES AND SOCIAL STATUS IN RELATIONAL GROUP THERAPY

NATASHIA FUKSMAN

This proposal advocates for a qualitative study focusing on the experiences of members in relational psychotherapy groups as they navigate issues related to sexualized identities and social status. The study aims to fill a gap in the literature by exploring how sexual fluidity is understood within these groups, and how it affects therapeutic experiences. The findings are expected to contribute to therapeutic theory and practice, shedding light on the therapeutic empowerment and well-being that can result from exploring sexualized identity differences and social status in group settings.



**NATASHIA FUKSMAN, M.A.,
M.F.T., PhD Student**

Licensed Marriage and Family Therapist and nationally certified sex therapist (AASECT) working with individuals, couples and groups. Niche expertise in romantic and/or familial intimacy-building, sexual fluidity, and support and process group therapy. Doctoral research focus on developing critical sexualities studies into psychotherapeutic process groups through feminist and queer orientations. First generation American. Fluent in Portuguese, Spanish and English. Dedicated therapist, facilitator/trainer and researcher creating brave spaces where empowerment, embodiment and increased relational skill building lead to greater inter and intra-relational connections.

“ULYSSES’ GAZE”: MAKING SENSE OF IDENTITY DEVELOPMENT AND ADJUSTMENT IN REPATRIATION: AN INTERPRETATIVE PHENOMENOLOGICAL ANALYSIS FOCUSING ON THE ROLE OF NOSTALGIA

VERA LARDI

This study examines the understanding of repatriation in terms of identity development and adjustment among older immigrants and repatriates, with a focus on the role of nostalgia. Findings suggest that nostalgia plays a significant role in constructing a "nostalgic land" for immigrants and repatriates, leading to eternal comparisons between their host country and the nostalgic land. The process of repatriation often disrupts this nostalgic construct, leading to the rise of "host-nostalgia" and impacting self-continuity. The study aims to inform mental health professionals who support adults with a history of repatriation.



VERA LARDI, MS PSYCH

Psychodrama psychotherapist and an adult educator. She works in private practice in Athens with groups and individuals. She is a lifelong student of applied theatre and her practice also involves projects in collaboration with public and private organizations aiming at healing, community building, inclusion and social change. She is a Playback Theatre performer, conductor and trainer. She is the founder of Art in Perspective, an interprofessional network collaborating in experiential trainings and community projects in Greece and internationally on inclusion and professional burn-out for health care professionals, artists, university students, teachers and marginalized groups. She is a founding member of the Hellenic Psychodrama Association and a member of Orlando LGBT+. She is the editor of “Ιστορίες Εκπατρισμού: προσωπικές αφηγήσεις και καταθέσεις ψυχής” [Stories of Expatriation: personal narratives and testimonies from the heart], Association of Dramatic Expression and Therapy Pamos (2020) and co-editor of "Monologues Across the Aegean Sea: The journey and dreams of unaccompanied refugee children", Hellenic Theater/Drama Education Network - UNHCR (2016). Her articles have been published in the International Playback Theater Network Journal (April, 2023) and in the collective volumes, “Η Συμβολή των Ψυχοθεραπειών Μέσω Τέχνης στην Ψυχιατρική Θεραπευτική” [The Contribution of Art Based Psychotherapies to the Psychiatric Treatment], Kapodistrian University of Athens (2019) and “Belonging in Playback Theater: The Greek “Playback Ψ” Theatre Company”, i-write (2020). www.art-in-perspective.gr

CORPOS LIQUIDOS: CIRCULAÇÃO DE NUDES EM JOVENS USUÁRIOS DE REDES SOCIAIS E O PSICODRAMA JUNGUIANO

AROLDO DE LARA CARDOSO JÚNIOR

This research explores the circulation of nude images, or "nudes," among young social media users, specifically focusing on the relationship between problematic internet use and the circulation of nudes. The study recruited participants aged 18-26 through social networks and relationship apps, using mixed methods research. Findings suggest various motivations for sexting, including eroticism and body satisfaction, as well as fears about risks of exposure on the internet. The study provides valuable quantitative data on sexting in Brazil and indicates the need for further research in this area.



**AROLDO DE LARA CARDOSO
JÚNIOR**

Based in São Paulo, Brazil, is a psychologist and psychodramatist holding a master's degree in clinical psychology.

COMMENTS:

There are some similarities among these three winner's abstracts:

Focus on Qualitative Research: All three abstracts propose qualitative studies, indicating a shared interest in exploring complex, subjective experiences.

Psychological Themes: Each abstract delves into psychological themes such as identity development, adjustment, therapeutic experiences, and the impact of social factors on individuals.

Social or Cultural Context: They all consider the social or cultural context in which these psychological processes occur, whether it's within therapy groups, among immigrants and repatriates, or within the context of social media use among young adults in Brazil.

Therapeutic Implications: Each study aims to contribute to therapeutic theory and practice, suggesting a practical application of the research findings in the field of mental health.

Exploration of Marginalized Experiences: They all touch upon experiences or aspects of identity that are often marginalized or less understood, such as sexual fluidity, repatriation experiences, and the circulation of nude images among young adults.

Overall, these abstracts demonstrate a shared interest in exploring complex psychological and social phenomena through qualitative research methods, with a focus on understanding marginalized experiences and contributing to therapeutic practice.